

RUN THE RACE RUNNING CLUB



2025-2026 PROGRAM

TUE 3/17	FIRST PRACTICE → 3:30-4:30 PARENT MEETING → 4:30
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COME TO TRY IT OUT AND HEAR ALL ABOUT OUR PROGRAMS!

SEASON → MARCH 17 - MAY 9	PRACTICES → TUESDAYS 3:30-4:30 THURSDAYS 3:30-4:30 *NOTE: SPRING XC ONLY MEETS TUESDAYS
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PROGRAM

GIRLS OF GRACE BOYS OF VALOR SPRING XC	3 RD -5 TH GRADE GIRLS 3 RD -5 TH GRADE BOYS 5 TH -8 TH GRADE BOYS & GIRLS
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WE ARE EXCITED TO OFFER A NEW SPRING RUNNING PROGRAM FOR OUR 3RD-5TH GRADE GIRLS, AND TO PROVIDE A RUNNING PROGRAM FOR OUR 3RD-5TH GRADE BOYS! AT EACH PRACTICE ATHLETES WILL:

- BREAK INTO SMALL GROUPS (BY GENDER) FOR A DEVOTIONAL
- PLAY FUN GAMES TO GET ACTIVE
- SET A GOAL FOR THEIR RUNNING THAT DAY
- WORK TOWARD RUNNING/WALKING A 5K ON MAY 9!

OUR SPRING CROSS COUNTRY IS A RUN CLUB THAT GIVES ATHLETES THE OPPORTUNITY TO GET TOGETHER ONCE A WEEK AND RUN WITH THEIR FRIENDS.

COACHES NEEDED!

WE NEED AT LEAST 2 COACHES
(ONE MALE AND ONE FEMALE)
IN ORDER TO RUN THE 3RD-5TH GRADE PROGRAMS



SAT 5/9	VICKSBURG HEALTHY HUSTLE 5K	MARK YOUR CALENDARS! MORE INFORMATION TO COME	OPEN TO ALL RUNNERS
THU 5/14	GLORY GIRLS 5K	DATE IS TENTATIVE MORE INFORMATION TO COME	OPEN TO GIRLS OF GRACE ATHLETES